

# INFORMATION BOOKLET

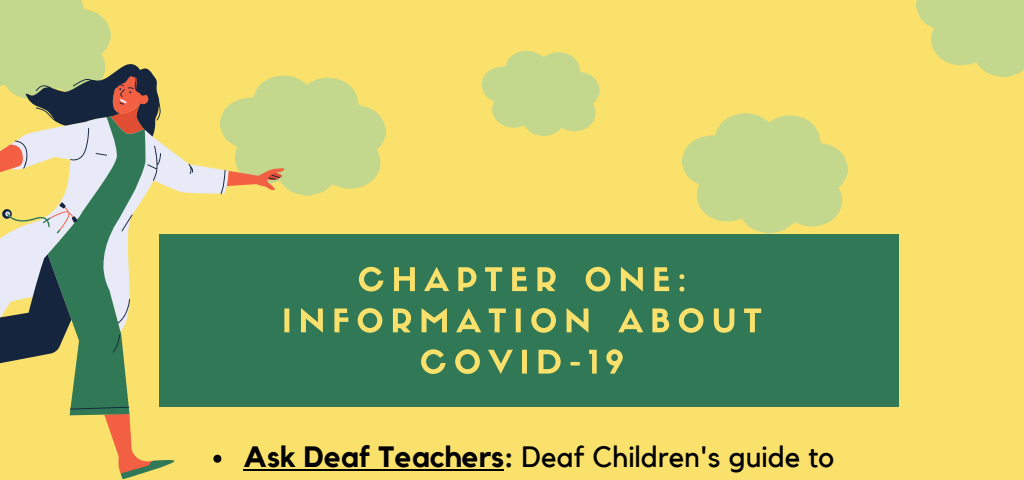
for deaf children and their families  
during the Covid-19 pandemic



# CONTENTS

1. **Information about COVID-19** (page 3)
2. **Mental wellbeing** (page 4)
3. **Language and communication** (page 5)
4. **Educational resources for deaf children & young people** (page 6)
5. **Stories in BSL** (page 7)
6. **TV programmes and films for deaf children & young people** (page 8)
7. **Access to health online** (page 9)
8. **Local deaf youth groups** (page 10)
9. **National and international deaf youth groups** (page 11)
10. **The Northern Arms contact details** (page 12)

**All resources and their links in this booklet were correct at the time of writing and may have changed overtime.**



## CHAPTER ONE: INFORMATION ABOUT COVID-19

- **Ask Deaf Teachers:** Deaf Children's guide to coronavirus in BSL.
- **SignHealth** - Coronavirus Daily Updates from the Prime Minister in BSL.
- **BSL Zone** - Live streaming with professional deaf people explaining about the coronavirus, with daily updates in BSL.
- **Beyond Words** - Empowering people through pictures. Coping with Coronavirus, a selection of free resources to support people through the coronavirus pandemic.
- **NDCS:** Resources in relation to the current corona virus pandemic.
- **Black Country Healthcare:** Coronavirus Book for Children with BSL.
- **COVIBOOK** - a visual book that explains about coronavirus.
- **The Autism Educator:** Coronavirus Social Story.



## CHAPTER TWO: MENTAL WELLBEING

- Mindfulness for deaf and hearing families - 3 Minute Breathing Space by **Red Earth Theatre.**
- Looking after your mental health during the coronavirus outbreak by **Mental Health Foundation.**
- **Breathing app** to help with anxiety.
- Coronavirus Mental Health Support by **Young Minds.**
- Anxiety-free news from around the world that are good for our mental health by **The Happy Broadcast.**



National Deaf Child and Adolescent  
Mental Health (North) Service

If you are worried about your deaf child's/young persons mental wellbeing talk to a professional who knows your family such as a ToD or GP and ask them to contact us (National Deaf Child and Adolescent Mental Health Services) - see page 12 for details.



## CHAPTER THREE: LANGUAGE AND COMMUNICATION

- Free Level One Online BSL course funded by the Big Lottery and provided by **Doncaster Deaf Trust**.
- Information and Support on Language and communication by **NDCS**.
- Recommended apps by **NDCS**.
- 12 free weekly family sign language lessons from **NDCS**.

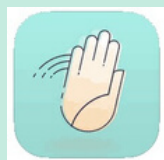




## CHAPTER FOUR: EDUCATIONAL RESOURCES FOR DEAF CHILDREN AND YOUNG PEOPLE



- **DTOD**: deaf teachers' resources webpage is aimed at providing information, documents and important links for supporting deaf children's language, communication, education and social and emotional well-being during this coronavirus pandemic.



- **BSL Education App**: an app with science and maths terminology and including definitions in BSL.



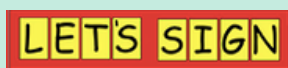
- **NDCS**: education and learning.



- **RAD**: Arts & Crafts and baking videos in BSL for children and families.



- **twinkl**: downloadable resources in BSL.



- **Deaf Books**: a website with a range of books and resources in BSL.



## CHAPTER FIVE: STORIES IN BSL



- **Frank Barnes School** : vimeo resources in BSL from teachers, including storytelling, history topics, maths and sports activities.



- **ITV's Signed Stories**: animated children's stories performed in sign language with voice over, music and subtitles.



- **BookTrust**: some stories in BSL.



- **Blanche Neville School**: look for their daily #BSL Storytime on their Facebook account.



- **RAD**: look for their #BSL Signed Stories.



- **Elds Team (East Lancashire Deaf Society)**: BSL Storytelling.



- **StorySign** app for Google Play or Apple.

Google or use #OperationBSLStorytime on Twitter



## CHAPTER SIX: TV PROGRAMMES AND FILMS FOR DEAF CHILDREN & YOUNG PEOPLE



- **BSL Zone:** a site with films ranging from tv series to short films for children in BSL or/with subtitles.



- **CBeebies' Magic Hands:** poetry translated into BSL for children.



- **BBC See Hear:** a magazine for the deaf community highlighting the latest issues.

L'oeil  
et la main

- **L'oeil et la main:** if you would like to practise your French and pick up some French Sign Language.







## CHAPTER SEVEN: ACCESS TO HEALTH ONLINE



- **Deaf Zone** (Childline): advice and support for children in English and British Sign Language (BSL).



- **InterpreterNow**: deaf people can use InterpreterNow to ring NHS 111.



- **BSL Health Access**: deaf people can use BSL Health Access (from Sign Health and InterpreterNow) to contact any NHS service.



- **Video Relay Directory** is a list of Companies/Organisations providing Video Relay Services for deaf people.



## CHAPTER EIGHT: LOCAL DEAF YOUTH GROUPS



- **Local support groups** (NDCS)
- There are other local deaf youth groups, please contact your local deaf club or ask your ToD for more information.





## CHAPTER NINE: NATIONAL AND INTERNATIONAL DEAF YOUTH GROUPS



**The Buzz**  
The website for deaf young people

- **The Buzz** (NDCS): a website for deaf young people.



**DEX**  
Deaf Ex-Mainstreamers Group

- **DEX** : deaf Ex-Mainstreamers group for deaf children to have a better access to education.



**BDA**  
BRITISH DEAF ASSOCIATION  
— YOUTH —

- **BDA Youth** (British Deaf Association Youth) Facebook page. Look for news, activities and events there.



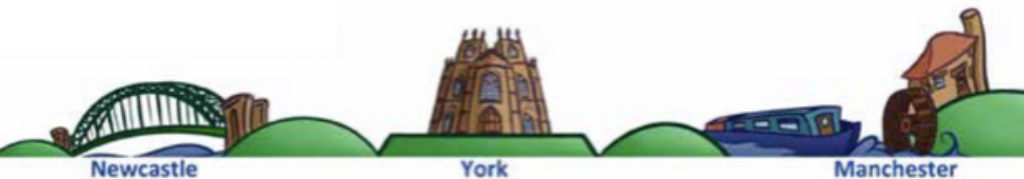
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**EUROPEAN UNION  
OF THE DEAF YOUTH**

- **EUDY** (European Union of the Deaf Youth) facebook page. They organise workshops, study sessions, events and camps.



**World Federation of the Deaf  
Youth Section (WFDYS)**

- **WFDYS** (World Federation of the Deaf Youth Section) **website** and **Facebook page**. They focus on improving the human rights of deaf children and youth across the world. They also do international camps for three different age groups (ages 9-12, 13-17 and 18-30).



## THE NORTHERN ARM

### **North Hub/Yorkshire and Humberside Outreach**

National Deaf CAMHS

Deaf Children, Young People and Family Service

Limetrees, 31 Shipton Rd, York, YO30 5RE

**Email:** NDCAMHSNorth.lypft@nhs.net

**SMS/Videocall:** 07964 294326 and 07970 248830

**Voice:** 01904 294231

### **North East Outreach**

National Deaf CAMHS

Deaf Children, Young People and Family Service

Benton House, 136 Sandyford Rd, Newcastle upon Tyne NE2 1QE

**Email:** NDCAMHSNorth.lypft@nhs.net

**SMS/Videocall:** 07964 294395

**Voice:** 0191 210 6875

### **North West Outreach**

National Deaf CAMHS

Deaf Children, Young People and Family Service

Harrington Building, Royal Manchester Children's

Hospital, Oxford Rd, Manchester, M13 9WL

**Email:** NDCAMHSNorth.lypft@nhs.net

**SMS/Videocall:** 07964 294304 **Voice:** 0161 701 4519

### **Contact Us**

If you have a suggestion, comment,  
complaint or want to express  
appreciation about the care you have  
received please contact the Patient  
Advice and Liaison Service (PALS) on:

**Phone:** 0800 052 5790 or

**email:** pals.lypft@nhs.net



**STAY SAFE,  
STAY HEALTHY**